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Sounds Like Me: My Life (So Far) In Song



Synopsis

Read-and sung-by Sara Bareilles! With refreshing candor, *Sounds Like Me* reveals Sara Bareilles - the artist and the woman - and her take on songwriting, soul searching, and what's discovered along the way. She shares the joys and the struggles that come with creating great work, all while staying true to herself. Imbued with humor and marked by Sara's confessional writing style, this collection tells the inside story behind some of her most popular songs. Most recently known for her chart-topper "Brave", Sara first broke through in 2007 with her multiplatinum single "Love Song". She has released five albums that have sold 2.5 million copies and spawned several hits. More than a privileged view inside the experience of a remarkable musical talent - this is a moving tribute to the universal search for growth, healing, and self-acceptance.

Book Information

Audible Audio Edition

Listening Length: 3 hours and 52 minutes

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Whispersync for Voice: Ready

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Customer Reviews

If you liked Sara Bareilles before, you can't help but like her even more after reading this book. Plain and simple, she is a powerful writer. This applies both to her music and now this refreshing collection of essays on her life thus far. Just as she writes music that is somehow able to resonate deep with the heart, she brings that same courage and vulnerability to this book. The book is really a bit of a memoir filled with stories of her growing up to what she has learned up to this point in her life and career. It is a collection of eight essays all based around the story behind the song. Once Upon Another Time, Gravity, Love Song, Beautiful Girl, Red, Many the Miles, Brave, and She Used to Be Mine. If those songs weren't already moving enough, you will listen to them with a newfound

appreciation and respect after finishing this book. Sara is clearly someone who has learned that facing her fears and moving forward anyways is the true definition of courage. Countless stories she tells are beautiful illustrations of what happens in this sweet place of surrender. That and a genuine gratitude for all she has been given and for the people who have taught her along the way. What I love most about the book is that it is ultimately a recollection of her finding her own voice. And as she has shared glimpses of that in her music, it has helped others do the same. And isn't that what life is ultimately about? That as we share our truth, we give permission for others to do the same. And that it's never a one way streak. Somehow we end up inspiring each other to dive even deeper into revealing ourselves for who we really are. No doubt she has done just that in the writing of this book.

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